

# Building a Stronger Relationship

## Workshop



*A Two Part Series for  
Couples.*

*Presented by:  
Jenny DeReis, MC*

*Courtesy of:*



[www.walmsley.ca](http://www.walmsley.ca)

Dates: January 15 & 22, 2008

Time: 6:30 – 8:00 p.m.

Location: TBA

Price: \$125.00 or Free\*

(\* - for Employees with Walmsley and Associates as their EFAP)

In this workshop we will explore the following:

- The definition of a healthy relationship
- Deepening your knowledge of your partner's world
- Accepting Influence in a relationship
- Communication stoppers and starters
- Gridlocks in a relationship and what to do about them
- Creating shared meaning

To register for this workshop, please fill out the attached registration form or online, or call Walmsley & Associates at 564-1000.



**Walmsley & Associates**

**www.walmsley.ca**

Employee and Family Assistance Programs ~ Disability Management Services ~ Expedited Services

## Building Stronger Relationships Registration Page

**Date: January 15 & 22 6:30pm – 8:00pm**

**Location: TBA, Prince George, BC**

Last Name: \_\_\_\_\_ First Name(s): \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email Address: \_\_\_\_\_

**Workshop Fee: \$125.00 + 6% GST = \$132.50 per couple x #of people \_\_\_\_\_**

= \$ \_\_\_\_\_ \*

Or Free for Walmsley and Associate EFAP covered employees

**\*Cancellation Policy:**

*Cancellations must be received 2 weeks prior to workshop date. Refunds will not be given after this time.*

**Enclosed is my payment in the form of:** - please check

Visa\_\_\_ Mastercard\_\_\_ Cheque\_\_\_ **Payment Total**\_\_\_\_\_

Visa or Mastercard #: \_\_\_\_\_ Expiry Date: \_\_\_\_\_

Signature: \_\_\_\_\_

**\*Workshop Enrollment Policy:**

*If the required # of seats for enrollment is not met one week prior to the workshop, the workshop will be cancelled and money will be refunded to registered participants.*

Mail, email, or fax completed registration to:

Walmsley and Associates  
1512 Queensway St.  
Prince George, BC V2L 1L7  
Fax: (250) 562-1812  
Telephone: (250) 564-1000  
Email: info@walmsley.ca